

The MMS Maintenance Dose - Many people do not understand the importance of taking maintenance doses of MMS every day or at least twice a week. Most people interested in detoxifying the body realize by now that new diseases have come on the scene in the past 50 years and they are not natural diseases. Nature hasn't invented any new diseases, they have all been invented by man. I'm talking about HIV/AIDS, lyme disease, morgellons disease, hepatitis C, and a whole host of other diseases that the human race is now facing.

Millions upon millions of people are suffering and dying from diseases created by man. Some of these diseases are transmitted by personal contact or sex, but others are spread by mechanisms that are not yet understood. Especially lyme disease and morgellons diseases are transmitted by unknown means. Yes, ticks are one source of the lyme disease, but I have talked to many who have lyme disease who never got near a tick. And there are thousands who have "Morgellons" disease who have no idea where it came from.

And guess what. Medical doctors can't tell you where cancer comes from. Oh, they have a lot of ideas that you cannot catch cancer, but all the guys who said that cancer was caused by a microorganism have been either killed or persecuted until they were dead or imprisoned. Then there is the flu. Every year thousands of older people and young people die from the flu. So, the point being that a tremendous amount of diseases are out there where you are, and everyone is at risk. MMS maintenance doses can reduce your risk by a very large amount, maybe as much as 95%.

MMS supercharges your immune system by providing a chemical that the immune system needs to kill various pathogens. My suggestion is that anyone should first do the Protocol 1000 for detoxification of the body as there is no better method of detoxification. MMS kills the pathogens, oxidizes the heavy metals thus eliminating them from your body and destroys most of the poisons in your body. It is a different process than trying to wash all of the poisons from your body with various liquids and nutrients.

Many of those detoxification processes are very effective, it's just that MMS is more effective. MMS destroys the poisons and heavy metal compounds as opposed to washing them out or chelating them. It's very simple, after the Protocol 1000 is complete (21 days or a little less) just begin taking 6 drops of MMS every day. That should reduce the severity of any flu or cold by about 10 times and totally prevent cancer and many other life-threatening diseases. Flu and colds can happen as psychosomatic occurrences and they may last a few days regardless of the preventative you may be taking. When these occur always start on the Protocol 1000 as the psychosomatic flu can make you a hundred times more open to the real flu germs setting in.

Keep up of Protocol 1000 until all symptoms are gone. So a maintenance dose for any person over 60 should be about 6 drops a day, either in the morning or in the evening. Remember, no coffee, chocolate, carbonated drinks, orange juice, or any kind of juice with added vitamin C or ascorbic acid in it within a full hour of taking your maintenance dose. A maintenance dose for a younger person can be twice a week of 4 to 6 drops. This should keep your immune system working at top efficiency.

Good luck, Archbishop Jim Humble

Official Genesis II Church Sacramental Protocol

The protocol above is an official Sacramental Protocol of Genesis II Church of Health & Healing for use with its Church Sacraments.

Protocol support

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Jim Humble Books on MMS

- [The Master Mineral Solution of the 3rd Millennium \(2011\)](#)
- [The Miracle Mineral Solution of the 21st Century \(2006\)](#)